

## **WEBSITE DISCLAIMER**

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### **1. About this Disclaimer**

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This Website Disclaimer applies to the information, resources, programs, assessment tools, blog content, emails, videos, workshops, discovery calls, mentoring sessions, membership content and other materials provided through this Website and our Services.

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The information and materials provided through this Website and our Services are provided for general information, education, mentoring and personal development purposes only.

While all care is taken in the preparation of information and published materials on this Website, GOLG Pty Ltd trading as Recreate & Rise does not make any representations or give any warranties about the accuracy, reliability, completeness, currency or suitability of the information for any particular purpose.

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Nothing on this Website or in our Services should be taken as medical advice, mental health advice, legal advice, financial advice, diagnosis, treatment, counselling, relationship advice or crisis intervention.

You should seek advice from appropriately qualified professionals, including medical practitioners, psychologists, counsellors, lawyers, financial advisers or emergency services, where appropriate for your individual circumstances.

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If you are in immediate danger, experiencing a crisis, or require urgent support, please contact emergency services in your location or an appropriate crisis support service.

Recreate & Rise does not monitor, provide or replace emergency, crisis, medical, mental health, domestic violence, legal or financial support services.

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You are responsible for your own decisions, wellbeing, participation, actions and outcomes when using this Website or engaging with our Services.

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Testimonials, examples, client stories or case studies are provided for illustrative purposes only and do not represent a promise or guarantee that you will experience the same or similar results.

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If you have any concerns about the content of this Website, please contact GOLG Pty Ltd trading as Recreate & Rise at [connect@recreateandrise.com](mailto:connect@recreateandrise.com)